

Minot Community Resource Guide to Services and Support

First District



Health Unit

www.fdhhu.org

Updated: 11/01/2025

First District Health Unit does not endorse any particular treatment center, therapist, or service. These are simply resources that are available. The information is provided for convenience and is updated periodically.

First District cannot guarantee the accuracy of this information. If you notice information that needs to be changed or added, please call (701) 837-5147 or email FirstDistrict@nd.gov.

A downloadable pdf copy of this document can be found at www.fdh.u.org/

Emergency and Crisis Contacts:

911 – Medical emergency help

988 – Suicide and Crisis Lifeline

1-800-273-8255 – National Suicide Prevention Hotline

1-800-662-4357 – National Drug Abuse Hotline

1-800-799-7233 – 24-Hour Domestic Violence Crisis Line

1-800-656-4673 – National Sexual Assault Hotline

1-701-852-4673 – Dakota Hope Clinic 24-Hour Hotline

1-701-857-8500 – 24-Hour Crisis Line: North Central Human Services

838255 – Veterans Crisis Line - TEXT

1-800-273-8255 – Veterans Crisis Line

211 – Directory of Essential Community Services

511 – Road Report: www.dot.nd.gov/road

helpishere.nd.gov – Resources and assistance for North Dakota

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Addiction Services

5th Generation Healing Center

(701) 477-3121, Belcourt

5th Generation's Services include evaluations, interventions, consults, outpatient, aftercare, and follow-up, with nightly AA/NA meetings, open to everyone.

Bob Hayes Addiction Services

(701) 838-1422

#7 3rd St SE Suite 109

Low intensity outpatient services

Community Medical Services

(701) 858-1801

300 30th Ave NW, Suite D

Suboxone and Methadone, Counseling, Treatment Plan, Peer Support

Cornerstone Addiction Services

(701) 839-0474

1705 4th Ave N.W.

Adolescents, Outpatient, Prevention/Education, Substance Abuse Treatment

Living Free Recovery Group- Journey Church

Journey Church

1805 2nd St SE.

*Living Free- Every Thursday at 6:30. Contact Mary Bauer
701-838-5123 or email
marybauer85@outlook.com*

Dakota Boys and Girls Ranch

(701) 852-3628

6301 19th Ave N.W.

Adolescents, Substance Abuse Treatment Services, Dual Diagnosis Addiction Treatment, Residential Long-Term Inpatient, Holistic Rehabilitation

Dakota Family Services

(701) 837-6508

6301 19th Ave N.W.

Community-based mental health service organization which provides outpatient mental health services.

Faa Addiction Services

(701) 537-4191

900 N. Broadway

Individualized outpatient alcohol/drug counseling services.

Good Neighbor Project

(701) 852-1376

801 11th Ave S.W.

Syringe exchange program through First District Health Unit

Goodman Addiction Services

(701) 852-3869

Northland Professional Building
600 22nd Ave NW, Suite 4

Drug/Alcohol evaluations for both adults and adolescents; Level 1 outpatient treatment for both adults and adolescents; Level 2.1 intensive outpatient treatment for adults; DUI seminars; minor in consumption classes for ages 12-20; drug/alcohol education classes; DOT evals for employees that test positive for drugs/alcohol, along with treatment and counseling for those employees; sliding fee available through the SUD voucher program.

Growing Together/New

Hope/Hope's House

(701) 720-1032

515 19th Ave SE

MARCO

2201 15th St SW LL Ste 3

(701) 509-3796

(710) 720-7578

Hello@marcominot.org

Assists individuals and families with substance use disorders

North Central Human Service Center

(701) 857-8500

1015 South Broadway

Provides High Intensity Clinically Monitored Residential Treatment, (5-8 weeks of attending our Day Treatment Program while residing in a residential facility), Partial Hospitalization/Day Treatment (attending our Day Treatment

Program from home), Intensive Outpatient Treatment, Outpatient Treatment (Aftercare/SUD Team) and Clinically Monitored Low-Intensity Residential Treatment (transitional living facility).

PATH

(701) 839-8887

1425 21st Ave NW Suite A

Family support program.

Sunrise Counseling Services

(701) 833-1246

900 N. Broadway, Suite 110

Trinity Hospital

(701) 418-8000

2305 37th Ave SW

Provides Partial Hospitalization/Day Treatment, Intensive Outpatient Treatment, Aftercare and Medical Detoxification

Northern Plains Children's Advocacy

(701) 852-0836

20 1st St SW Suite 202

Substance Use Counseling. Provides services to families regardless of their ability to pay.

Providence House

415 S. Main St.

(701) 838-3300

Drug and alcohol rehab for women only; men's facility located in Arnegard, ND – (701) 586-3300

Adoption Services:

Catholic Charities North Dakota

(701) 852-2854

216 S Broadway Ste 202

Adoption Option

(701) 852-3328

20 1st St SW Ste 250

Adoption Option At The Village

(701) 838-7800

1905 2nd St SE

Path North Dakota Inc

(701) 839-8887

1425 21st Ave NW Ste A

Childcare:

Little River Childcare Center

(701) 858-0546

400 22nd Ave NW

Adventures in Learning Childcare

(701) 852-1722

108 24th St SW

Trini Tots Daycare

(701) 857-5965

305 8th Ave NE

ABC Child Care Center

(701) 852-6352

1105 16th St NW

Creative Beginnings Daycare Center Inc

(701) 852-3500

601 18th Ave SE #1

Good Shepherd Day Care Center

(701) 839-8955

501 25th St NW

Kid City Playschool

(701) 833-9772

400 E Cent Ave 102

Little Hands Loving Hearts CDC

(701) 852-5454

3705 11th St SW

Kiddie Korral 2.0 – Amanda McCallum

(920) 207-7310

3524 E Burdick Expy

Magic City Daycare Center

(701) 340-3578

502 17th St NW

Little Acorns Child Care Center & Preschool

(701) 839-7529

401 40th Ave SW

The Learning Tree

(541) 790-1123

800 University Ave W

The Zoo Crew Childcare

(701) 730-5227

1016 E Burdick Expy

Minot Head Start

(701) 857-4688

2815 Burdick Expy E

Clothing Vouchers:

Goodwill

(701) 852-3552
225 3rd St S.E.

*Vouchers are distributed through
Ward County Social Services*

Matthew 25 Project

2410 30th Ave NW

McLean Family Resource Center

(701) 462-8680
205 7th Street, Washburn, ND
Tuesdays & Thursdays:
10 AM – Noon & 1:30 – 3:30

Salvation Army

(701) 838-8925
315 Western Ave

Must register for a voucher.

Community Classes/Trainings

Kick Start Quit Class

(701) 852-1376 ext. 171
First District Health Unit
801 11th Ave SW, Minot

*Free class to quit smoking, chew or
vaping; contact Bonnie Riely or visit
fdhu.org/kickstart.*

ND Quits

Online: ndquits.health.nd.gov or
via Phone: (800) 784-8669

*Free tobacco cessation resource for
ND residents.*

Responsible Beverage Server (RBS) Training (local)

(701) 852-1376
First District Health Unit
801 11th Ave SW, Minot

*Certification to serve alcohol;
\$15.00 fee*

Responsible Beverage Server (RBS) Training (online)

*Online Certification to serve
alcohol:
www.ndsc.org/trainingcalendar
\$20.00 fee*

Community Services:

Community Action

(701) 839-7221
2020 8th Ave S.E.

*Self Sufficiency, Housing Programs,
Emergency Programs*

Dakota Family Services

(701) 837-6508
6301 19th Ave N.W.

Dakota Hope Clinic

(701) 852-4673
315 Main Street S, Suite 205

Pregnancy Medical Services

Division of Juvenile Services

(701) 857-7688
1425 21st Ave N.W., Suite B

Domestic Violence Crisis Center

(701) 852-2258
3900 11th Ave S.E.

**24-Hour DV Crisis Line - (701)
857-2200**

First District Health Unit

(701) 852-1376
801 11th Ave S.W.

*Education, Children's Health and
Nutrition, Public Health Resources,
WIC*

Free Through Recovery

*Referral by a Probation or Parole
Officer. A community-based
behavioral health program designed
to increase recovery support
services to those who have been
involved with the criminal justice
system.*

Financial Services Education

MHA (Mandan, Hidatsa &
Arikara) West Segment (Minot
Satellite Office)
(701) 839-3645

Great River Federal Credit Union

Susan L. Bergman
(701) 852-3866
2401 N. Broadway, Minot
gemsue@srt.com

Interpretation Service

Google Translate
<https://translate.google.com>

Legal Services of North Dakota

1600 2nd Ave SW Ste 30
>Must apply for services online
or by phone

- By phone:
Age 60+: (866) 621-9886
Under 60: (800) 634-5263

- Online: www.lsnd.org

Free Civil Legal Help

ND Support Navigator- Cheryl Coyle

(701) 858-3052
Cheryl.coyle@MinotStateU.edu

Salvation Army

(701) 838-8925
315 Western Ave.
Walk-ins: 10:00 AM – 2:00 PM
M, T, W, F

Evictions, Cut Offs, Food Pantry.

St. Vincent de Paul

(701) 833-1269

*Assistance with basic needs and
referrals to other agencies*

Counseling/Therapy:

Baldwin Therapy Services

(701) 838-9550
2010 4th Ave NW, Suite 104
tricia@baldwintherapyservices.com

Therapy services

The Burckhard Clinic

(701) 852-5876
315 Main Street South

Therapy services

Catholic Family Services

(701) 838-2854
216 S Broadway, Suite 103

Celebrate Recovery

(701) 389-2769
151 20th Ave SE Suite 1
The Pursuit Church

Child & Adolescent
Psychological Services

(701) 721-0480
1809 S Broadway

Tom Clark, PhD, MFT

(701) 838-2442
2116 4th Ave N.W.

Therapy, Psychological Evaluations

Crossroads Therapy, PLLC
Brenna Thompson, LCSW

(701) 818-7727
925 31st Ave SW

Dakota Family Services

(701) 852-3628
6301 19th Ave NW

Therapy, counseling

[Discovery Therapeutic Services,
PLLC](#)

Monica Olson, MS, LPCC

(701) 248-8315
925 31st Ave SW
discoverytherapy@outlook.com

Virginia Dohms, MA LPCC

(701) 240-3200

*Mental Health Counselor
Call for an appointment

Harmony Center

(701) 852-3263
720 Western Ave, Suite 201

*Mental health support for people 18
and over*

Heather Kippen, LICSW

(701) 839-3909
600 22nd Ave NW U2

Therapy services

Therapy services

Minot Vets for Vets

(701) 852-1924
720 Western Ave Suite 101
minotvetsforvets@gmail.com
peervisionnd.org/vets-for-vets

*Connection, peer support and
resources for former service
members. Meetings in person and
online.*

Narcotics Anonymous (NA)

(701) 721-7403
2201 15th St SW - NE door

Tammy Ness, LICSW

(701) 720-8876
104 20th Ave SW

Therapy services

Northern Plains Children's
Advocacy Center

(701) 852-0836
20 1st St SW Suite 202

*Substance Use Counseling.
Provides services to families
regardless of their
ability to pay.*

Northland Health Center

(701) 852-4600
1600 2nd Ave S.W., Suite 19

Therapy, Medication, Sliding Fee Scale

Serenity Health Solutions

(701) 838-1558
2010 4th Ave N.W., Ste. 106

Therapy, Medication, Family Therapy

Laura Siercks, LICSW

(701) 263-1298
200 22nd Ave NW Ste B2

Therapy

Trinity Riverside Therapists

(701) 857-5998
1900 8th Ave S.E.

Therapy, Psychological Evaluations, Parenting Classes, Social Skills Groups

TruePointe Therapeutics, PLLC

(701) 858-8995 or (701) 340-0291
925 31st Ave SW

Cheryl Vaudt, LICSW

(701) 833-8070
600 22nd Ave NW, Suite U2

Therapy (EMDR)

Village Family Service Center

(701) 852-3328
20 1st Street S.W., Suite 250

In-home Family Therapy, Counseling, Family Group Decision Making

Dental:

ND Donated Dental Services

(888) 471-6334, (877) 449-4109

Must apply at www.dentallifeline.org

Northland Community Dental Office

(701) 838-3051
315 S Main Suite 314

Northland Health Center

(701) 852-4600
1600 2nd Ave S.W., Suite 19

Dental and Medical – sliding fee scale

Sanford Health Expansion Plan

Income-based insurance coverage for individuals 19-65.

*Application can be found at:
www.nd.gov/dhs/eligibility/index.html*

Education:

Adult Learning Center

(701) 857-4488
1609 4th Ave N.W.

GED and English classes

Community Options

(701) 852-0174 or
(866) 349-8619
300 3rd Ave S.W.

Helps low income and disabled individuals find work. Many other vocational and independent living services also available.

Vocational Rehab

(701) 857-8500
1015 S Broadway Suite 18

Assists with job re-training and education.

Employer Resources:

Workplace Behavioral Health Resources

hhs.nd.gov/behavioral-health/workplace-resources

Support for the behavioral health and mental well-being of your employees.

Employment

Assistance:

Command Center Inc.

(701) 839-9675
1309 N Broadway

Provides day labor

Community Options

(701) 852-0174 or
(866) 349-8619
300 3rd Ave S.W.

Elwood Staffing

(701) 839-1940
1115 16th St. S.W.

Job Service of North Dakota

(701) 857-7500
3416 N Broadway

UCP

(701) 838-0830
1408 20th Ave SE #1

Some skills required, sometimes will train.

Food/Nutrition

Assistance:

Great Plains Food Bank
SNAP Benefits Application
Assistance Request

1 (855) 405-0000

Ward County Social Services

(701) 852-3552
225 3rd Street S.E.
applyforhelp@nd.gov

Economic Assistance, supplemental nutrition assistance program (SNAP), Welfare/Temporary Assistance for Needy Families (TANF), child protective services, foster care.

WIC - First District Health Unit

(701) 852-1376
801 11th Ave SW

Nutrition assistance for infants and children to age 5, pregnant and breastfeeding women, and new mothers up to 6 months after delivery
Monday-Friday 8:00 AM – 4:30 PM.

Food Pantries:

Berthold Zion Food Pantry

(701) 720-6028

105 Main St N, Berthold

Second Tuesday 10:00 – 12:00,

5:00 – 7:00pm

Burlington Community Food Pantry

Peace Lutheran Church

(701) 852-3880

521 Davis St N, Burlington

Second Monday 6:30 – 8:00 pm

Community Action

(701) 839-7221

2020 8th Ave, Minot

Small emergency pantry.

Community Cupboard of Underwood

(701) 442-5001

208 Lincoln Avenue,
Underwood, ND

Food distributions:

*1st Thursday of the month: 4:00 PM
– 6:00 PM*

*3rd Saturday of the month: 10:00
AM – 12:00 PM*

Glenburn Food Pantry

(701) 362-7922

300 Healy St, Glenburn, ND

*2nd Wednesday of the month:
6:30 PM – 7:30 PM*

Kenmare Food Pantry

117 2nd St NW

Kenmare, ND

(701) 385-4528

*2nd Monday 3:30 PM – 5:00 PM
(winter hours)*

Lansford Food Pantry

210 2nd Ave

Lansford, ND

(701) 720-1327

*1st Thursday of the month 1:00 -
2:00pm*

The Lord's Cupboard

(701) 839-1990

1901 South Broadway Suite 2,
Minot

*Monday, Wednesday, Friday: 11:00
AM– 2:00 PM; Tuesday 5:30 PM-
7:30 PM Monthly and weekly
stipend. Must register for monthly
stipend only.*

The Lord's Food Pantry of Max

(701) 389-0623

504 Carvell Street, Max, ND

*3rd Monday of every month,
1:00-3:00 PM & 5:00-7:00 PM*

Lord's Pantry

(701) 448-2858

*Trinity Lutheran in Turtle Lake -2
times a month*

McLean Family Resource
Center

(701) 460-6389
718 Main Ave., Washburn, ND

*Weekdays between 10:00 AM –
3:00 PM. Call for an appointment.
Available to McLean County
resident (photo ID required.)*

Milton Young Towers Food
Pantry

310 2nd St SE, Minot
(701) 852-0485

*Monday 1:00PM – 2:00PM,
Second-Fourth Thursday 1:00 PM –
3:00 PM*

Minot Area Homeless Coalition

(701) 852-6300
1800 4th Ave NW, Minot
mahc@srt.com

Small emergency pantry

Our Lady of Grace

715 16th Ave SW, Minot
(701) 839-5520 during open
hours

*Monday, Tuesday, Thursday,
Friday from 1:00 PM – 4:00 PM
Bring ID and proof of residence*

Peace Lutheran Church Food
Pantry

(701) 852-3880
521 Davis Street, Burlington

*1st Monday of the month
6:30 PM – 8:00 PM*

Salvation Army

(701) 838-8925

315 Western Ave, Minot

*Monday, Tuesday, and Wednesday
1:00 PM -3:30 PM. Must register,
monthly stipend.*

Share Exchange

(701) 448-2884
221 Main Street
Turtle Lake, ND

*2nd & 4th Thursdays of each month
from 1:00 PM – 5:00 PM
Contact Karen Boyke for immediate
assistance.*

St. Vincent de Paul Society

(701) 833-1269
218 1st St S.E., Minot

Small emergency pantry

Velva Food Pantry

(701) 500-9877
Oak Valley Lutheran Church,
400 North Main Street, Velva,
ND

*Last Tuesday of the month at 6:00
PM -7:00 PM*

Free Meals:

Monday:

Faith United Methodist Church
11:30 AM – 12:30 PM
5900 N Broadway
(701) 838-1540

Tuesday:

Christ Lutheran Church
11:30 AM – 12:30 PM
502 17th St N.W.
(701) 838-0746

Wednesday:

Immanuel Baptist Church
11:30 AM – 2:30 PM
1615 2nd St S.E.
(701) 839-3694

Cornerstone Presbyterian
Church
5:30 PM – 6:30 PM
1003 3rd St N.E.
(701) 852-0315

Thursday:

St. Leo's Catholic Church
5:30 PM – 6:30 PM
218 1st St. SE
(701) 838-1026

Friday:

First Lutheran Church
11:30 AM – 12:30 PM
120 5th Ave N.W.
(701) 852-4853

Saturday:

The Welcome Table
10:30 – 12:00
1901 South Broadway Ste 2

Sunday:

7th Day Adventist Church
11:30 AM – 12:30 PM
10 17th Ave SW
(701) 839-6478

Housing:**All of us In Recovery (AIR)**

408 1st St NW
(701) 330-9168

Sober living for women 18+

Domestic Violence Crisis Center

(701) 852-2258
3900 11th Ave SE
Crisis line – (701) 857-2500

Sanctuary

(701) 595-6283
P.O. Box 1944, Minot, ND

F-5 Project Minot

1938 S Broadway
(701) 960-0246

**Growing Together/New
Hope/Hope's House**

(701) 837-4989
515 19th Ave S.E.

Independence Inc.

315 3rd Ave SW
(701) 839-4724

*Resource Center for Independent
Living*

MARCO

2201 15th St SW LL Ste 3
(701) 509-3796
(710) 720-7578
Hello@marcominot.org

*Assists individuals and families with
substance use disorders*

Men's Winter Refuge

(701) 822-2585
1038 43rd St. SE

Homeless Shelter for Men

Minot Homeless Coalition

(701) 852-6300
mahc@srt.com
1800 4th Ave NW

Minot Housing Authority

(701) 852-0485
108 Burdick Expressway

Project Bee

1901 S. Broadway Ste 2
(701) 838-1812

Rehab's Recovery House

(701) 839-0627
911 3rd St. N.E.

thesanctuary2018@gmail.com

Sober Living for Women Only

Seeds of Eden

425 Main St South, Minot
(701) 415-6233

927 Main Ave, Washburn
(701) 415-6233

Sober Living for Men Only

St. Vincent de Paul

(701) 833-1269

Youthworks

315 South Main St Suite 105,
Minot
(701) 837-6519
Crisis Line: (701) 425-1042

*Assistance and support for youth
age 10-24*

Language Interpretation Services:

Google Translate
<https://translate.google.com>

Medication-Assisted Treatment Services:

Community Medical Services

(701) 858-1801
300 30th Ave N.W.

*Suboxone and Methadone,
Counseling, Treatment Plan, Peer
Support*

Ideal Options

(701) 401-6733
1625 S Broadway, Suite 160

*Suboxone/Buprenorphine,
Vivitrol/Naltrexone, Acamprosate
and many other Medications,
Counseling and Behavioral
Therapies*

Northland Health Center

(701) 852-4600
1600 2nd Ave S.W., Suite 19

*Dental and Medical – sliding fee
scale*

Medical:

Dakota Hope Clinic

(701) 852-4673
315 Main St S #205

*Education and Pregnancy Support,
Community Referrals*

First District Health Unit

(701) 852-1376
801 11th Ave SW

*Monday-Friday 8:00 AM – 4:30 PM.
Resources for pregnant women,
Immunizations for All Ages, Infant
Health, Family Planning, STD
Testing and Treatment*

Legacy Health Clinic

(701) 838-6000
1603 35th Ave SW

Northland Health Center

(701) 852-4600
1600 2nd Ave S.W. – Suite 19

Sanford Highway 2 Clinic

(701) 838-3150
801 21st Ave SE

*Walk-in Clinic and Occupational
Health*

Sanford Health NW Clinic

(701) 418-4300
1500 21st Ave NW

Trinity Health

(701) 418-8000
2305 37TH Ave SW

UND Center for Family Medicine

(701) 858-6700
1201 11th Ave SW

Minot Vet Center

(701) 852-0177
3300 South Broadway

*Open Monday through Friday:
7:30 AM – 4:30 PM
1st Saturday of every month:
7:30 AM – 3:30 PM*

Naloxone (Narcan)

First District Health Unit

(701) 852-1376
801 11th Ave S.W.

*Classes to train in the use of
Narcan. Schedule online
www.fdh.u.org. Free
Narcan/Naloxone usually available.*

Pharmacy Discounts:

*Please call the pharmacies to
see who offers a discount
program to those without
insurance. Not all have them,
but some do and make your
prescriptions more affordable.

Reproductive Health:

AbortionFinder.org

Pregnancy termination

First District Health Unit

(701) 852-1376
801 11th Ave SE

*Monday-Friday 8:00 AM – 4:30 PM.
Pregnancy testing, family planning,
STD testing and treatment, annual
exams, birth control (no abortions
conducted)*

Trinity Health

(701) 418-8000
2305 37TH Ave SW

Prenatal care, infertility specialty care, STD specialty care, annual exams, birth control.

Sanford Highway 2 Clinic

(701) 838-3150
801 21st Ave SE

UND Center for Family Medicine

(701) 858-6700
1201 11th Ave SW

Transportation:

Souris Basin Transportation

(701) 581-1049

City Bus

(701) 857-4148

TransportME Taxi Service

(701) 310-5340

Veteran Services – Minot Area:

Community Action

(701) 839-7221
2020 8th Ave S.E.

Supportive Services for Veteran Families; Rental assistance for Homeless Veterans.

Family Assistance Center for NDNG

(701) 471-3472
3420 2nd St N.E.

Referral, outreach, and support services for military members and their families.

HUD-VASH

(701) 852-0177
3400 S Broadway

Housing assistance for Homeless Veterans.

Job Service ND

Veterans Employment Team
(701) 857-7500
3416 N Broadway

Help with job placements for Veterans.

MAFB Airmen and Family

(701) 723-3950
291 Peacekeeper Place, MAFB

Offers many programs and resources to assist Active-Duty Service members, families, and Veterans in need of support.

Minot Vet Center

(701) 852-0177
3300 S Broadway

Provides counseling to Combat Veterans.

ND Military Outreach

(701) 340-2779
3420 2nd St. N.E.

Works with Veterans, Service Members, and Families to connect them to local, regional, and statewide resources and benefits.

Ward County Veteran Service Officer

(701) 857-6492
235 3rd St SE Ste. 124

Assists Veterans and dependents to access benefits from the VA.

VA Clinic

(701) 418-2600
3400 S Broadway

VA Clinic offers medical care to VA-enrolled Veterans.

Veteran Services, Minot State University

(701) 858-4002
1500 University Ave W.

Assists Veterans with transition from military to education.

Veteran's Services – Statewide:

Fargo VA Health Care System

(701) 232-3241

Health care services for veterans in North Dakota, western Minnesota, and northeast South Dakota

ND Department of Veterans Affairs

(701) 239-7165

Williston: (701) 572-8191
Dickinson: (701) 227-0131
Grand Forks: (701) 746-5431
Devils Lake: (701) 662-6500
Jamestown: (701) 252-1821
Bismarck: (701) 258-2240
Minot: (701) 839-7221

Assists veterans of North Dakota and dependents in obtaining all benefits to which they are entitled. Provides services & support for Veteran's & Families/Housing assistance for Veterans.

Veteran's Justice Outreach

(701) 239-3700

Assistance to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans.

Vision:

ND Vision

(701) 258-6766

May provide eye exam and glasses. Must have lived in ND for at least 2 years and had no exam within 3 years; someone in household must be working.

Support Group

Meetings:

Sunday:

AA

- 2:00 PM, 700 16th Ave. S.W.
700 Group
- 6:30 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group

Al-Anon/Alateen

- 6:30 PM, Zion Lutheran, 1800
Hiawatha St S.E.
Paths to Recovery AFG

NA

- 7:00 PM
Congressional United Church
430 N Broadway

Monday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

Al-Anon/Alateen

- 6:00 PM, Cornerstone
Presbyterian Church
1000 3rd St NE
Personal Freedom AFG
- 8:00 PM, Cornerstone
Presbyterian Church
1000 3rd St NE
Newcomer's Meeting

NA

- 7:00 PM, Embrace ND
101 16th Ave S.W. (South
Entrance), (701) 720-5909
*Support for all affected by
addiction – those seeking
recovery, in recovery, loved
ones of addicts. Growing and
healing together to create a
recovery community.*
- 8:00 PM, Trinity, St.
Joseph's, 407 3rd St. S.E.
1st Floor Conference Room

Tuesday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

Al-Anon Family Group

- 8:00 PM, 700 16th Ave. S.W.
700 Club

NA

- 8:00 PM, New Life Lutheran Church, 710 46th Ave N.E.

PAL (Parents of Addicted Loved Ones)

- 6:00 PM, Our Redeemer's Church, 700 16th Ave SE (701) 721-7122

Wednesday:

AA

- 12:00 PM, 700 16th Ave. S.W. *700 Group*
- 6:30 PM, 700 16th Ave SW *700 Group*
- 7:00 PM, Christ Lutheran Church 502 17th St NW *Common Problem, Common Solution Group*
- 8:00 PM, 515 5th Ave N.W. *515 Group*
- 8:00 PM, 700 16th Ave. S.W. *700 Group (3rd Wednesday only)*
- 8:00 PM, Christ Lutheran Church 502 17th St NW *Satellite Group (Hybrid)*

NA

- 7:00 PM, Salvation Army, 315 Western Ave, (701) 838-8925

Thursday:

AA

- 12:00 PM, 700 16th Ave. S.W. *700 Group*
- 6:30 PM, 700 16th Ave. S.W. *700 Group*
- 8:00 PM, 515 5th Ave N.W. *515 Group*

NA

- 8:00 PM, Mt. Zion Lutheran Church, 1800 Hiawatha St.

Other

- 6:00 PM, Church of Jesus Christ of Latter-day Saints 3740 Crossings St. SW *For family members of persons in recovery*
- 7:00 PM, Church of Jesus Christ of Latter-day Saints 3740 Crossings St. SW
Call-in: (855) 537-4000
For persons in recovery

Friday:

AA

- 12:00 PM, 700 16th Ave. S.W. *700 Group*
- 8:00 PM, 515 5th Ave N.W. *515 Group*
- 8:00 PM, 700 16th Ave. S.W. *700 Group*

NA

- 8:00 PM, New Life Lutheran Church, 710 46th Ave N.E.
- 7:00 PM, First Baptist Church, 200 3rd St. S.W.
Celebrate Recovery
Large group starts at 7:00 PM; meal at 6:00 PM on the first Friday of each month

Saturday:

AA

- 10:00 AM, 515 5th Ave N.W.
515 Group
- 10:00 AM, 700 16th Ave. S.W.
700 Group
- 6:30 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group

Al-Anon

- 10:00 AM, Cornerstone Presbyterian Church, 1000 3rd St N.E.
Family Group

NA

- 8:00 PM, Our Redeemers Lutheran Church, 700 16th Ave S.E.

Every 3rd Saturday

Al-Anon/Alateen

- 11:15 AM, Cornerstone Presbyterian Church, 1000 3rd St N.E.
Steps, Traditions, Concepts.

