

# **Minot Area Community Resource Guide to Services and Support**



**Updated: 11/01/2025**



First District Health Unit does not endorse any particular treatment center, therapist, or service. These are simply resources that are available. The information is provided for convenience and is updated periodically.

First District cannot guarantee the accuracy of this information. If you notice information that needs to be changed or added, please call (701) 837-5147 or email [FirstDistrict@nd.gov](mailto:FirstDistrict@nd.gov).

A downloadable pdf copy of this document can be found at [www.fdh.u.org/](http://www.fdh.u.org/)

## **Emergency and Crisis Contacts:**

### **911 – Medical emergency help**

### **988 – Suicide and Crisis Lifeline**

**1-800-273-8255** – National Suicide Prevention Hotline

**1-800-662-4357** – National Drug Abuse Hotline

**1-800-799-7233** – 24-Hour Domestic Violence Crisis Line

**1-800-656-4673** – National Sexual Assault Hotline

**1-701-852-4673** – Dakota Hope Clinic 24-Hour Hotline

**1-701-857-8500** – 24-Hour Crisis Line: North Central Human Services

**838255** – Veterans Crisis Line - TEXT

**1-800-273-8255** – Veterans Crisis Line

**211** – Directory of Essential Community Services

**511** – Road Report: [www.dot.nd.gov/road](http://www.dot.nd.gov/road)

[helpishere.nd.gov](http://helpishere.nd.gov) – Resources and assistance for North Dakota



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## **Addiction Services**

### **5th Generation Healing Center**

(701) 477-3121, Belcourt

*5<sup>th</sup> Generation's Services include evaluations, interventions, consults, outpatient, aftercare, and follow-up, with nightly AA/NA meetings, open to everyone.*

### **Bob Hayes Addiction Services**

(701) 838-1422

#7 3<sup>rd</sup> St SE Suite 109

*Low intensity outpatient services*

### **Community Medical Services**

(701) 858-1801

300 30th Ave NW, Suite D

*Suboxone and Methadone, Counseling, Treatment Plan, Peer Support*

### **Cornerstone Addiction Services**

(701) 839-0474

1705 4th Ave N.W.

*Adolescents, Outpatient, Prevention/Education, Substance Abuse Treatment*

### **Living Free Recovery Group- Journey Church**

Journey Church

1805 2nd St SE.

*Living Free- Every Thursday at 6:30. Contact Mary Bauer  
701-838-5123 or email  
marybauer85@outlook.com*

### **Dakota Boys and Girls Ranch**

(701) 852-3628

6301 19th Ave N.W.

*Adolescents, Substance Abuse Treatment Services, Dual Diagnosis Addiction Treatment, Residential Long-Term Inpatient, Holistic Rehabilitation*

### **Dakota Family Services**

(701) 837-6508

6301 19th Ave N.W.

*Community-based mental health service organization which provides outpatient mental health services.*

### **Faa Addiction Services**

(701) 537-4191

900 N. Broadway

*Individualized outpatient alcohol/drug counseling services.*

### **Good Neighbor Project**

(701) 852-1376

801 11th Ave S.W.

*Syringe exchange program through First District Health Unit*

Goodman Addiction Services

(701) 852-3869

Northland Professional Building  
600 22nd Ave NW, Suite 4

*Drug/Alcohol evaluations for both adults and adolescents; Level 1 outpatient treatment for both adults and adolescents; Level 2.1 intensive outpatient treatment for adults; DUI seminars; minor in consumption classes for ages 12-20; drug/alcohol education classes; DOT evals for employees that test positive for drugs/alcohol, along with treatment and counseling for those employees; sliding fee available through the SUD voucher program.*

Growing Together/New

Hope/Hope's House

(701) 720-1032

515 19<sup>th</sup> Ave SE

MARCO

2201 15th St SW LL Ste 3

(701) 509-3796

(710) 720-7578

Hello@marcominot.org

*Assists individuals and families with substance use disorders*

North Central Human Service Center

(701) 857-8500

1015 South Broadway

*Provides High Intensity Clinically Monitored Residential Treatment, (5-8 weeks of attending our Day Treatment Program while residing in a residential facility), Partial Hospitalization/Day Treatment (attending our Day Treatment*

*Program from home), Intensive Outpatient Treatment, Outpatient Treatment (Aftercare/SUD Team) and Clinically Monitored Low-Intensity Residential Treatment (transitional living facility).*

PATH

(701) 839-8887

1425 21st Ave NW Suite A

*Family support program.*

Sunrise Counseling Services

(701) 833-1246

900 N. Broadway, Suite 110

Trinity Hospital

(701) 418-8000

2305 37th Ave SW

*Provides Partial Hospitalization/Day Treatment, Intensive Outpatient Treatment, Aftercare and Medical Detoxification*

Northern Plains Children's Advocacy

(701) 852-0836

20 1<sup>st</sup> St SW Suite 202

*Substance Use Counseling. Provides services to families regardless of their ability to pay.*

Providence House

415 S. Main St.

(701) 838-3300

*Drug and alcohol rehab for women only; men's facility located in Arnegard, ND – (701) 586-3300*

## **Adoption Services:**

### **Catholic Charities North Dakota**

(701) 852-2854

216 S Broadway Ste 202

### **Adoption Option**

(701) 852-3328

20 1<sup>st</sup> St SW Ste 250

### **Adoption Option At The Village**

(701) 838-7800

1905 2<sup>nd</sup> St SE

### **Path North Dakota Inc**

(701) 839-8887

1425 21<sup>st</sup> Ave NW Ste A

## **Childcare:**

### **Little River Childcare Center**

(701) 858-0546

400 22nd Ave NW

### **Adventures in Learning Childcare**

(701) 852-1722

108 24th St SW

### **Trini Tots Daycare**

(701) 857-5965

305 8th Ave NE

### **ABC Child Care Center**

(701) 852-6352

1105 16th St NW

### **Creative Beginnings Daycare Center Inc**

(701) 852-3500

601 18th Ave SE #1

### **Good Shepherd Day Care Center**

(701) 839-8955

501 25th St NW

### **Kid City Playschool**

(701) 833-9772

400 E Cent Ave 102

### **Little Hands Loving Hearts CDC**

(701) 852-5454

3705 11th St SW

### **Kiddie Korral 2.0 – Amanda McCallum**

(920) 207-7310

3524 E Burdick Expy

### **Magic City Daycare Center**

(701) 340-3578

502 17th St NW

### **Little Acorns Child Care Center & Preschool**

(701) 839-7529

401 40th Ave SW

### **The Learning Tree**

(541) 790-1123

800 University Ave W

### **The Zoo Crew Childcare**

(701) 730-5227

1016 E Burdick Expy

### **Minot Head Start**

(701) 857-4688

2815 Burdick Expy E

## **Clothing Vouchers:**

### **Goodwill**

(701) 852-3552  
225 3rd St S.E.

*Vouchers are distributed through  
Ward County Social Services*

### **Matthew 25 Project**

2410 30<sup>th</sup> Ave NW

### **McLean Family Resource Center**

(701) 462-8680  
205 7<sup>th</sup> Street, Washburn, ND  
Tuesdays & Thursdays:  
10 AM – Noon & 1:30 – 3:30

### **Salvation Army**

(701) 838-8925  
315 Western Ave

*Must register for a voucher.*

## **Community Classes/Trainings**

### **Kick Start Quit Class**

(701) 852-1376 ext. 171  
First District Health Unit  
801 11th Ave SW, Minot

*Free class to quit smoking, chew or  
vaping; contact Bonnie Riely or visit  
fdhu.org/kickstart.*

### **ND Quits**

Online: [ndquits.health.nd.gov](https://ndquits.health.nd.gov) or  
via Phone: (800) 784-8669

*Free tobacco cessation resource for  
ND residents.*

### **Responsible Beverage Server (RBS) Training (local)**

(701) 852-1376  
First District Health Unit  
801 11th Ave SW, Minot

*Certification to serve alcohol;  
\$15.00 fee*

### **Responsible Beverage Server (RBS) Training (online)**

*Online Certification to serve  
alcohol:  
[www.ndsc.org/trainingcalendar](http://www.ndsc.org/trainingcalendar)  
\$20.00 fee*

## **Community Services:**

### **Community Action**

(701) 839-7221  
2020 8th Ave S.E.

*Self Sufficiency, Housing Programs,  
Emergency Programs*

### **Dakota Family Services**

(701) 837-6508  
6301 19<sup>th</sup> Ave N.W.

### **Dakota Hope Clinic**

(701) 852-4673  
315 Main Street S, Suite 205

*Pregnancy Medical Services*

### Division of Juvenile Services

(701) 857-7688  
1425 21st Ave N.W., Suite B

### Domestic Violence Crisis Center

(701) 852-2258  
3900 11th Ave S.E.

**24-Hour DV Crisis Line - (701)  
857-2200**

### First District Health Unit

(701) 852-1376  
801 11th Ave S.W.

*Education, Children's Health and  
Nutrition, Public Health Resources,  
WIC*

### Free Through Recovery

*Referral by a Probation or Parole  
Officer. A community-based  
behavioral health program designed  
to increase recovery support  
services to those who have been  
involved with the criminal justice  
system.*

### Financial Services Education

MHA (Mandan, Hidatsa &  
Arikara) West Segment (Minot  
Satellite Office)  
(701) 839-3645

### Great River Federal Credit Union

Susan L. Bergman  
(701) 852-3866  
2401 N. Broadway, Minot  
[gemsue@srt.com](mailto:gemsue@srt.com)

### Interpretation Service

Google Translate  
<https://translate.google.com>

### Legal Services of North Dakota

1600 2nd Ave SW Ste 30  
>Must apply for services online  
or by phone

- By phone:  
Age 60+: (866) 621-9886  
Under 60: (800) 634-5263

- Online: [www.lsnd.org](http://www.lsnd.org)

*Free Civil Legal Help*

### ND Support Navigator- Cheryl Coyle

(701) 858-3052  
[Cheryl.coyle@MinotStateU.edu](mailto:Cheryl.coyle@MinotStateU.edu)

### Salvation Army

(701) 838-8925  
315 Western Ave.  
Walk-ins: 10:00 AM – 2:00 PM  
M, T, W, F

*Evictions, Cut Offs, Food Pantry.*

### St. Vincent de Paul

(701) 833-1269

*Assistance with basic needs and  
referrals to other agencies*

## Counseling/Therapy:

### Baldwin Therapy Services

(701) 838-9550  
2010 4<sup>th</sup> Ave NW, Suite 104  
[tricia@baldwintherapyservices.com](mailto:tricia@baldwintherapyservices.com)

*Therapy services*

### The Burckhard Clinic

(701) 852-5876  
315 Main Street South

*Therapy services*

Catholic Family Services

(701) 838-2854  
216 S Broadway, Suite 103

Celebrate Recovery

(701) 389-2769  
151 20<sup>th</sup> Ave SE Suite 1  
The Pursuit Church

Child & Adolescent  
Psychological Services

(701) 721-0480  
1809 S Broadway

Tom Clark, PhD, MFT

(701) 838-2442  
2116 4th Ave N.W.

*Therapy, Psychological Evaluations*

Crossroads Therapy, PLLC  
Brenna Thompson, LCSW

(701) 818-7727  
925 31<sup>st</sup> Ave SW

Dakota Family Services

(701) 852-3628  
6301 19<sup>th</sup> Ave NW

*Therapy, counseling*

Discovery Therapeutic Services,  
PLLC

Monica Olson, MS, LPCC

(701) 248-8315  
925 31<sup>st</sup> Ave SW  
[discoverytherapy@outlook.com](mailto:discoverytherapy@outlook.com)

Virginia Dohms, MA LPCC

(701) 240-3200

*Mental Health Counselor*  
*\*Call for an appointment*

Harmony Center

(701) 852-3263  
720 Western Ave, Suite 201

*Mental health support for people 18  
and over*

Heather Kippen, LICSW

(701) 839-3909  
600 22nd Ave NW U2

*Therapy services*

*Therapy services*

Minot Vets for Vets

(701) 852-1924  
720 Western Ave Suite 101  
[minotvetsforvets@gmail.com](mailto:minotvetsforvets@gmail.com)  
[peervisionnd.org/vets-for-vets](http://peervisionnd.org/vets-for-vets)

*Connection, peer support and  
resources for former service  
members. Meetings in person and  
online.*

Narcotics Anonymous (NA)

(701) 721-7403  
2201 15<sup>th</sup> St SW - NE door

Tammy Ness, LICSW

(701) 720-8876  
104 20th Ave SW

*Therapy services*

Northern Plains Children's  
Advocacy Center

(701) 852-0836  
20 1<sup>st</sup> St SW Suite 202

*Substance Use Counseling.*  
*Provides services to families  
regardless of their  
ability to pay.*

### Northland Health Center

(701) 852-4600  
1600 2nd Ave S.W., Suite 19

*Therapy, Medication, Sliding Fee Scale*

### Serenity Health Solutions

(701) 838-1558  
2010 4th Ave N.W., Ste. 106

*Therapy, Medication, Family Therapy*

### Laura Siercks, LICSW

(701) 263-1298  
200 22<sup>nd</sup> Ave NW Ste B2

*Therapy*

### Trinity Riverside Therapists

(701) 857-5998  
1900 8th Ave S.E.

*Therapy, Psychological Evaluations, Parenting Classes, Social Skills Groups*

### TruePointe Therapeutics, PLLC

(701) 858-8995 or (701) 340-0291  
925 31<sup>st</sup> Ave SW

### Cheryl Vaudt, LICSW

(701) 833-8070  
600 22nd Ave NW, Suite U2

*Therapy (EMDR)*

### Village Family Service Center

(701) 852-3328  
20 1st Street S.W., Suite 250

*In-home Family Therapy, Counseling, Family Group Decision Making*

## **Dental:**

### ND Donated Dental Services

(888) 471-6334, (877) 449-4109

*Must apply at [www.dentallifeline.org](http://www.dentallifeline.org)*

### Northland Community Dental Office

(701) 838-3051  
315 S Main Suite 314

### Northland Health Center

(701) 852-4600  
1600 2nd Ave S.W., Suite 19

*Dental and Medical – sliding fee scale*

### Sanford Health Expansion Plan

Income-based insurance coverage for individuals 19-65.

*Application can be found at:  
[www.nd.gov/dhs/eligibility/index.html](http://www.nd.gov/dhs/eligibility/index.html)*

## **Education:**

### Adult Learning Center

(701) 857-4488  
1609 4th Ave N.W.

*GED and English classes*

### Community Options

(701) 852-0174 or  
(866) 349-8619  
300 3rd Ave S.W.

*Helps low income and disabled individuals find work. Many other vocational and independent living services also available.*

### Vocational Rehab

(701) 857-8500  
1015 S Broadway Suite 18

*Assists with job re-training and education.*

### **Employer Resources:**

#### Workplace Behavioral Health Resources

[hhs.nd.gov/behavioral-health/workplace-resources](https://hhs.nd.gov/behavioral-health/workplace-resources)

*Support for the behavioral health and mental well-being of your employees.*

### **Employment**

#### **Assistance:**

##### Command Center Inc.

(701) 839-9675  
1309 N Broadway

*Provides day labor*

##### Community Options

(701) 852-0174 or  
(866) 349-8619  
300 3rd Ave S.W.

##### Elwood Staffing

(701) 839-1940  
1115 16<sup>th</sup> St. S.W.

##### Job Service of North Dakota

(701) 857-7500  
3416 N Broadway

### UCP

(701) 838-0830  
1408 20th Ave SE #1

*Some skills required, sometimes will train.*

### **Food/Nutrition**

#### **Assistance:**

Great Plains Food Bank  
SNAP Benefits Application  
Assistance Request

1 (855) 405-0000

##### Ward County Social Services

(701) 852-3552  
225 3rd Street S.E.  
[applyforhelp@nd.gov](mailto:applyforhelp@nd.gov)

*Economic Assistance, supplemental nutrition assistance program (SNAP), Welfare/Temporary Assistance for Needy Families (TANF), child protective services, foster care.*

##### WIC - First District Health Unit

(701) 852-1376  
801 11th Ave SW

*Nutrition assistance for infants and children to age 5, pregnant and breastfeeding women, and new mothers up to 6 months after delivery*  
*Monday-Friday 8:00 AM – 4:30 PM.*

## **Food Pantries:**

### **Berthold Zion Food Pantry**

(701) 562-0041

105 Main St N, Berthold

*Second Tuesday 10:00 – 12:00,*

*5:00 – 7:00pm*

### **Burlington Community Food Pantry**

Peace Lutheran Church

(701) 852-3880

521 Davis St N, Burlington

*Second Monday 6:30 – 8:00 pm*

### **Community Action**

(701) 839-7221

2020 8th Ave, Minot

*Small emergency pantry.*

### **Community Cupboard of Underwood**

(701) 442-5001

208 Lincoln Avenue,  
Underwood, ND

*Food distributions:*

*1<sup>st</sup> Thursday of the month: 4:00 PM  
– 6:00 PM*

*3<sup>rd</sup> Saturday of the month: 10:00  
AM – 12:00 PM*

### **Glenburn Food Pantry**

(701) 362-7922

300 Healy St, Glenburn, ND

*2<sup>nd</sup> Wednesday of the month:  
6:30 PM – 7:30 PM*

### **Kenmare Food Pantry**

117 2<sup>nd</sup> St NW

Kenmare, ND

(701) 385-4528

*2<sup>nd</sup> Monday 3:30 PM – 5:00 PM  
(winter hours)*

### **Lansford Food Pantry**

210 2<sup>nd</sup> Ave

Lansford, ND

(701) 720-1327

*1<sup>st</sup> Thursday of the month 1:00 -  
2:00pm*

### **The Lord's Cupboard**

(701) 839-1990

1901 South Broadway Suite 2,  
Minot

*Monday, Wednesday, Friday: 11:00  
AM– 2:00 PM; Tuesday 5:30 PM-  
7:30 PM Monthly and weekly  
stipend. Must register for monthly  
stipend only.*

### **The Lord's Food Pantry of Max**

(701) 389-0623

504 Carvell Street, Max, ND

*3<sup>rd</sup> Monday of every month,  
1:00-3:00 PM & 5:00-7:00 PM*

### **Lord's Pantry**

(701) 448-2858

*Trinity Lutheran in Turtle Lake -2  
times a month*

McLean Family Resource  
Center

(701) 460-6389  
718 Main Ave., Washburn, ND

*Weekdays between 10:00 AM –  
3:00 PM. Call for an appointment.  
Available to McLean County  
resident (photo ID required.)*

Milton Young Towers Food  
Pantry

310 2<sup>nd</sup> St SE, Minot  
(701) 852-0485

*Monday 1:00PM – 2:00PM,  
Second-Fourth Thursday 1:00 PM –  
3:00 PM*

Minot Area Homeless Coalition

(701) 852-6300  
1800 4<sup>th</sup> Ave NW, Minot  
mahc@srt.com

*Small emergency pantry*

Our Lady of Grace

715 16<sup>th</sup> Ave SW, Minot  
(701) 839-5520 during open  
hours

*Monday, Tuesday, Thursday,  
Friday from 1:00 PM – 4:00 PM  
Bring ID and proof of residence*

Peace Lutheran Church Food  
Pantry

(701) 852-3880  
521 Davis Street, Burlington

*1<sup>st</sup> Monday of the month  
6:30 PM – 8:00 PM*

Ryder Food Pantry

(701) 578-5876  
School Gym – Main Street

*Call for hours*

Salvation Army

(701) 838-8925  
315 Western Ave, Minot

*Monday, Tuesday, and Wednesday  
1:00 PM -3:30 PM. Must register,  
monthly stipend.*

Share Exchange

(701) 448-2884  
221 Main Street  
Turtle Lake, ND

*2nd & 4th Thursdays of each month  
from 1:00 PM – 5:00 PM  
Contact Karen Boyke for immediate  
assistance.*

St. Vincent de Paul Society

(701) 833-1269  
218 1st St S.E., Minot

*Small emergency pantry*

Velva Food Pantry

(701) 500-9877  
Oak Valley Lutheran Church,  
400 North Main Street, Velva,  
ND

*Last Tuesday of the month at 6:00  
PM -7:00 PM*

**Free Meals:**

**Monday:**

Faith United Methodist Church  
11:30 AM – 12:30 PM  
5900 N Broadway  
(701) 838-1540

**Tuesday:**

Christ Lutheran Church  
11:30 AM – 12:30 PM  
502 17<sup>th</sup> St N.W.  
(701) 838-0746

**Wednesday:**

Immanuel Baptist Church  
11:30 AM – 2:30 PM  
1615 2<sup>nd</sup> St S.E.  
(701) 839-3694

Cornerstone Presbyterian  
Church  
5:30 PM – 6:30 PM  
1000 3rd St N.E.  
(701) 852-0315

**Thursday:**

St. Leo's Catholic Church  
5:30 PM – 6:30 PM  
218 1<sup>st</sup> St. SE  
(701) 838-1026

**Friday:**

First Lutheran Church  
11:30 AM – 12:30 PM  
120 5<sup>th</sup> Ave N.W.  
(701) 852-4853

**Saturday:**

The Welcome Table  
10:30 – 12:00  
1901 South Broadway Ste 2  
(701) 839-1990

**Sunday:**

7<sup>th</sup> Day Adventist Church  
11:30 AM – 12:30 PM  
10 17<sup>th</sup> Ave SW  
(701) 839-6478

**Housing:****All of us In Recovery (AIR)**

408 1<sup>st</sup> St NW  
(701) 330-9168

*Sober living for women 18+*

**Domestic Violence Crisis Center**

(701) 852-2258  
3900 11<sup>th</sup> Ave SE  
Crisis line – (701) 857-2500

**Sanctuary**

(701) 595-6283  
P.O. Box 1944, Minot, ND

**F-5 Project Minot**

1938 S Broadway  
(701) 960-0246

**Growing Together/New  
Hope/Hope's House**

(701) 837-4989  
515 19th Ave S.E.

**Independence Inc.**

315 3rd Ave SW  
(701) 839-4724

*Resource Center for Independent  
Living*

**MARCO**

2201 15th St SW LL Ste 3  
(701) 509-3796  
(710) 720-7578  
Hello@marcominot.org

*Assists individuals and families with  
substance use disorders*

### Men's Winter Refuge

(701) 822-2585  
1038 43rd St. SE

*Homeless Shelter for Men*

### Minot Homeless Coalition

(701) 852-6300  
[mahc@srt.com](mailto:mahc@srt.com)  
1800 4<sup>th</sup> Ave NW

### Minot Housing Authority

(701) 852-0485  
108 Burdick Expressway

### Project Bee

1901 S. Broadway Ste 2  
(701) 838-1812

### Rehab's Recovery House

(701) 839-0627  
911 3rd St. N.E.

[thesanctuary2018@gmail.com](mailto:thesanctuary2018@gmail.com)

*Sober Living for Women Only*

### Seeds of Eden

425 Main St South, Minot  
(701) 415-6233

927 Main Ave, Washburn  
(701) 415-6233

*Sober Living for Men Only*

### St. Vincent de Paul

(701) 833-1269

### Youthworks

315 South Main St Suite 105,  
Minot  
(701) 837-6519  
Crisis Line: (701) 425-1042

*Assistance and support for youth  
age 10-24*

## **Language Interpretation Services:**

Google Translate  
<https://translate.google.com>

## **Medication-Assisted Treatment Services:**

### Community Medical Services

(701) 858-1801  
300 30th Ave N.W.

*Suboxone and Methadone,  
Counseling, Treatment Plan, Peer  
Support*

### Ideal Options

(701) 401-6733  
1625 S Broadway, Suite 160

*Suboxone/Buprenorphine,  
Vivitrol/Naltrexone, Acamprosate  
and many other Medications,  
Counseling and Behavioral  
Therapies*

### Northland Health Center

(701) 852-4600  
1600 2nd Ave S.W., Suite 19

*Dental and Medical – sliding fee  
scale*

## **Medical:**

### **Dakota Hope Clinic**

(701) 852-4673  
315 Main St S #205

*Education and Pregnancy Support,  
Community Referrals*

### **First District Health Unit**

(701) 852-1376  
801 11th Ave SW

*Monday-Friday 8:00 AM – 4:30 PM.  
Resources for pregnant women,  
Immunizations for All Ages, Infant  
Health, Family Planning, STD  
Testing and Treatment*

### **Legacy Health Clinic**

(701) 838-6000  
1603 35th Ave SW

### **Northland Health Center**

(701) 852-4600  
1600 2<sup>nd</sup> Ave S.W. – Suite 19

### **Sanford Highway 2 Clinic**

(701) 838-3150  
801 21<sup>st</sup> Ave SE

*Walk-in Clinic and Occupational  
Health*

### **Sanford Health NW Clinic**

(701) 418-4300  
1500 21<sup>st</sup> Ave NW

### **Trinity Health**

(701) 418-8000  
2305 37<sup>TH</sup> Ave SW

### **UND Center for Family Medicine**

(701) 858-6700  
1201 11<sup>th</sup> Ave SW

### **Minot Vet Center**

(701) 852-0177  
3300 South Broadway

*Open Monday through Friday:  
7:30 AM – 4:30 PM  
1st Saturday of every month:  
7:30 AM – 3:30 PM*

## **Naloxone (Narcan)**

### **First District Health Unit**

(701) 852-1376  
801 11th Ave S.W.

*Classes to train in the use of  
Narcan. Schedule online  
[www.fdh.u.org](http://www.fdh.u.org). Free  
Narcan/Naloxone usually available.*

### **Pharmacy Discounts:**

\*Please call the pharmacies to  
see who offers a discount  
program to those without  
insurance. Not all have them,  
but some do and make your  
prescriptions more affordable.

## **Reproductive Health:**

### **AbortionFinder.org**

*Pregnancy termination*

### **First District Health Unit**

(701) 852-1376  
801 11th Ave SE

*Monday-Friday 8:00 AM – 4:30 PM.  
Pregnancy testing, family planning,  
STD testing and treatment, annual  
exams, birth control (no abortions  
conducted)*

### Trinity Health

(701) 418-8000  
2305 37<sup>TH</sup> Ave SW

*Prenatal care, infertility specialty care, STD specialty care, annual exams, birth control.*

### Sanford Highway 2 Clinic

(701) 838-3150  
801 21<sup>st</sup> Ave SE

### UND Center for Family Medicine

(701) 858-6700  
1201 11<sup>th</sup> Ave SW

## **Transportation:**

### Souris Basin Transportation

(701) 581-1049

### City Bus

(701) 857-4148

### TransportME Taxi Service

(701) 310-5340

## **Veteran Services – Minot Area:**

### Community Action

(701) 839-7221  
2020 8th Ave S.E.

*Supportive Services for Veteran Families; Rental assistance for Homeless Veterans.*

### Family Assistance Center for NDNG

(701) 471-3472  
3420 2nd St N.E.

*Referral, outreach, and support services for military members and their families.*

### HUD-VASH

(701) 852-0177  
3400 S Broadway

*Housing assistance for Homeless Veterans.*

### Job Service ND

Veterans Employment Team  
(701) 857-7500  
3416 N Broadway

*Help with job placements for Veterans.*

### MAFB Airmen and Family

(701) 723-3950  
291 Peacekeeper Place, MAFB

*Offers many programs and resources to assist Active-Duty Service members, families, and Veterans in need of support.*

### Minot Vet Center

(701) 852-0177  
3300 S Broadway

*Provides counseling to Combat Veterans.*

### ND Military Outreach

(701) 340-2779  
3420 2nd St. N.E.

*Works with Veterans, Service Members, and Families to connect them to local, regional, and statewide resources and benefits.*

### Ward County Veteran Service Officer

(701) 857-6492  
235 3rd St SE Ste. 124

*Assists Veterans and dependents to access benefits from the VA.*

### VA Clinic

(701) 418-2600  
3400 S Broadway

*VA Clinic offers medical care to VA-enrolled Veterans.*

### Veteran Services, Minot State University

(701) 858-4002  
1500 University Ave W.

*Assists Veterans with transition from military to education.*

### **Veteran's Services – Statewide:**

#### Fargo VA Health Care System

(701) 232-3241

*Health care services for veterans in North Dakota, western Minnesota, and northeast South Dakota*

### ND Department of Veterans Affairs

(701) 239-7165

Williston: (701) 572-8191  
Dickinson: (701) 227-0131  
Grand Forks: (701) 746-5431  
Devils Lake: (701) 662-6500  
Jamestown: (701) 252-1821  
Bismarck: (701) 258-2240  
Minot: (701) 839-7221

*Assists veterans of North Dakota and dependents in obtaining all benefits to which they are entitled. Provides services & support for Veteran's & Families/Housing assistance for Veterans.*

### Veteran's Justice Outreach

(701) 239-3700

*Assistance to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans.*

### **Vision:**

#### ND Vision

(701) 258-6766

*May provide eye exam and glasses. Must have lived in ND for at least 2 years and had no exam within 3 years; someone in household must be working.*

## **Support Group**

### **Meetings:**

#### **Sunday:**

##### **AA**

- 2:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*

##### **Al-Anon/Alateen**

- 6:30 PM, Zion Lutheran, 1800  
Hiawatha St S.E.  
*Paths to Recovery AFG*

##### **NA**

- 7:00 PM  
Congressional United Church  
430 N Broadway

#### **Monday:**

##### **AA**

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 8:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*

##### **Al-Anon/Alateen**

- 6:00 PM, Cornerstone  
Presbyterian Church  
1000 3rd St NE  
*Personal Freedom AFG*
- 8:00 PM, Cornerstone  
Presbyterian Church  
1000 3rd St NE  
*Newcomer's Meeting*

##### **NA**

- 7:00 PM, Embrace ND  
101 16th Ave S.W. (South  
Entrance), (701) 720-5909  
*Support for all affected by  
addiction – those seeking  
recovery, in recovery, loved  
ones of addicts. Growing and  
healing together to create a  
recovery community.*
- 8:00 PM, Trinity, St.  
Joseph's, 407 3rd St. S.E.  
1st Floor Conference Room

#### **Tuesday:**

##### **AA**

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 8:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*

##### **Al-Anon Family Group**

- 8:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Club*

### NA

- 8:00 PM, New Life Lutheran Church, 710 46<sup>th</sup> Ave N.E.

### PAL (Parents of Addicted Loved Ones)

- 6:00 PM, Our Redeemer's Church, 700 16th Ave SE (701) 721-7122

### Wednesday:

#### AA

- 12:00 PM, 700 16th Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16th Ave SW  
*700 Group*
- 7:00 PM, Christ Lutheran Church 502 17th St NW  
*Common Problem, Common Solution Group*
- 8:00 PM, 515 5th Ave N.W.  
*515 Group*
- 8:00 PM, 700 16th Ave. S.W.  
*700 Group (3rd Wednesday only)*
- 8:00 PM, Christ Lutheran Church 502 17th St NW  
*Satellite Group (Hybrid)*

#### NA

- 7:00 PM, Salvation Army, 315 Western Ave, (701) 838-8925

### Thursday:

#### AA

- 12:00 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*

#### NA

- 8:00 PM, Mt. Zion Lutheran Church, 1800 Hiawatha St.

#### Other

- 6:00 PM, Church of Jesus Christ of Latter-day Saints 3740 Crossings St. SW  
*For family members of persons in recovery*
- 7:00 PM, Church of Jesus Christ of Latter-day Saints 3740 Crossings St. SW  
Call-in: (855) 537-4000  
*For persons in recovery*

### Friday:

#### AA

- 12:00 PM, 700 16th Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5th Ave N.W.  
*515 Group*
- 8:00 PM, 700 16th Ave. S.W.  
*700 Group*

## NA

- 8:00 PM, New Life Lutheran Church, 710 46<sup>th</sup> Ave N.E.
- 7:00 PM, First Baptist Church, 200 3<sup>rd</sup> St. S.W.  
*Celebrate Recovery*  
*Large group starts at 7:00 PM; meal at 6:00 PM on the first Friday of each month*

## **Saturday:**

### AA

- 10:00 AM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*
- 10:00 AM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 6:30 PM, 700 16<sup>th</sup> Ave. S.W.  
*700 Group*
- 8:00 PM, 515 5<sup>th</sup> Ave N.W.  
*515 Group*

### Al-Anon

- 10:00 AM, Cornerstone Presbyterian Church, 1000 3<sup>rd</sup> St N.E.  
*Family Group*

## NA

- 8:00 PM, Our Redeemers Lutheran Church, 700 16<sup>th</sup> Ave S.E.

## **Every 3<sup>rd</sup> Saturday**

### Al-Anon/Alateen

- 11:15 AM, Cornerstone Presbyterian Church, 1000 3<sup>rd</sup> St N.E.  
*Steps, Traditions, Concept*

