



Minot Community Resource Guide to Services and Support for Recovery

Have you been affected by addiction?



Updated: 07/03/2019

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Emergency:

911 – Medical emergency help

1-800-273-8255 – National Suicide Prevention Hotline

1-888-633-3239 – National Drug Hotline

(701) 857-2200 – 24-Hour Domestic Violence Crisis Line.

(701) 857-2500 – Rape Crisis Line

1-800-712-4357 – Dakota Hope Clinic 24-Hour Hotline

(701) 857-8500 – 24-Hour Crisis Line: North Central Human Services

838255 - Veterans Crisis Line - TEXT

1-800-273-8255 - Veterans Crisis Line

Addiction Services:

5th Generation Healing Center

(701) 477-3121, Belcourt

5th Generation's Services include evaluations, interventions, consults, outpatient, Aftercare, and Follow-up, with Nightly AA/NA Meetings, open to everyone.

A.D.A.P.T.

(701) 858-9026

1809 S. Broadway, P1

Licensed Addiction Counseling, Outpatient Treatment Services, Aftercare Services, Drug Screenings, Substance Abuse Prevention

Bob Hayse Addiction Services

(701) 838-1422

1809 South Broadway, Suite G

Community Medical Services

(701) 858-1801

Cornerstone Addiction Services

(701) 839-0474

1705 4th Ave N.W.

Adolescents, Outpatient, Prevention/Education, Substance Abuse Treatment

Dakota Boys and Girls Ranch

(701) 852-3628

6301 19th Ave N.W.

Adolescents, Substance Abuse Treatment Services, Dual Diagnosis Addiction Treatment, Residential Long-Term Inpatient, Holistic Rehabilitation

Dakota Family Services

(701) 837-6508

6301 19th Ave N.W.

Community-based mental health service organization which provides outpatient mental health services.

Good Neighbor Project

(701) 852-1376

801 11th Ave S.W.

Syringe exchange program through First District Health Unit

Goodman Addiction Services

(701) 852-3869

1809 S Broadway, Suite S

Drug/Alcohol evaluations for both adults and adolescents; Level 1 outpatient treatment for both adults and adolescents; Level 2.1 intensive outpatient treatment for adults; DUI seminars; minor in consumption classes for ages 12-20; drug/alcohol education classes; DOT evaluations for employees that test positive for

Addiction Services: (cont.)

Goodman Addiction Services (cont.)

drugs/alcohol, along with treatment and counseling for those employees; sliding fee available through the SUD voucher program.

Lutheran Social Services

(701) 838-7800

1905 2nd Street SE, Suite 1B.

North Central Human Service Center

(701) 857-8500

1015 South Broadway,

Provides High Intensity Clinically Monitored Residential Treatment,

(5-8 weeks of attending our Day Treatment Program while residing in a residential

facility), Partial Hospitalization/Day

Treatment (attending our Day Treatment

Program from home), Intensive Outpatient

Treatment, Outpatient Treatment

(Aftercare/SUD Team) and Clinically

Monitored Low-Intensity Residential

Treatment (transitional living facility).

PATH

(701) 839-8887

1425 21st Ave NW Suite A,

Family support program.

Trinity Hospital

(701) 857-2480

407 3rd St S.E.

Provides Partial Hospitalization/Day

Treatment, Intensive Outpatient Treatment,

Aftercare and Medical Detoxification

Clothing Vouchers:

Goodwill

(701) 852-3552

225 3rd St S.E.

Vouchers are given through Ward County

Social Services

McLean Family Resource Center

(701) 462-8680

205 7th Street, Washburn, ND

Tuesdays & Thursdays:

10 AM – Noon & 1:30 PM – 3:30 PM

Salvation Army

(701) 838-8925

315 Western Ave

Must register for a voucher

Community Classes/Trainings

Kick Start

(701) 852-1376

First District Health Unit

Conference Room B

801 11th Ave NW, Minot

Free tobacco cessation class; 3rd

Thursday of each month from 6:30 –

8:30 PM; contact Bonnie Riely

ND Quits

Online: <https://ndquits.health.nd.gov/>

or via Phone: 1 (800) 784.8669

Free tobacco cessation resource for

ND residents

Responsible Beverage Server (RBS)

Training (local)

(701) 852-1376

First District Health Unit, Conference
Room A

801 11th Ave NW, Minot

Certification to serve alcohol; 1st

Thursday of each month from 5 – 7

PM; \$10.00 fee

Responsible Beverage Server (RBS)

Training (online)

Certification to serve alcohol

Online:

<http://www.ndsc.org/trainingcalendar>

\$20.00 fee

Community Services:

Community Actions

(701) 839-7221

2020 8th Ave S.E.

*Self Sufficiency, Housing Programs,
Emergency Programs*

Dakota Family Services

(701) 837-6508

6301 19th Ave N.W.

Dakota Hope Clinic

(701) 852-4673

315 Main Street S, Suite 205

Pregnancy Medical Services

Division of Juvenile Services

(701) 857-7688

1425 21st Ave N.W., Suite B

Domestic Violence Crisis Center

(701) 852-2258

3900 11th Ave S.E.

24-Hour DV Crisis Line

(701) 857-2200

First District Health Unit

(701) 852-1376

801 11th Ave S.W.

*Education, Children's Health and
Nutrition, Public Health Resources*

Community Services: (cont.)

Free Through Recovery

Referral by your Probation or Parole Officer. A community-based behavioral health program designed to increase recovery supports services to those who have been involved with the criminal justice system.

GEM Federal Credit Union

Susan L. Bergman

(701) 852-3866

2401 N. Broadway, Minot

gemsue@srt.com

Financial Services Education

MHA (Mandan, Hidatsa & Arikara)

West Segment (Minot Satellite Office)

(701) 839-3645

Salvation Army

(701) 838-8925

315 Western Ave.

Evictions, Cut Offs, Food Pantry.

Walk-ins: 10:00 AM – 2:00 PM

M, T, W, F

St. Vincent de Paul

(701) 833-1269

Assistance with basic needs and referrals to other agencies

Ward County Social Services

(701) 852-3552

225 3rd Street S.E.

Economic Assistance

Counseling/Therapy:

The Burckhard Clinic

(701) 852-5876

315 Main Street South

Therapy services

Catholic Family Services

(701) 838-2854

216 S Broadway, Suite 103

Child & Adolescent Psychological Services

(701) 721-0480

1809 South Broadway

Tom Clark, PhD, MFT

(701) 838-2442

2116 4th Ave N.W.

Therapy, Psychological Evaluations

Virginia Dohms, MA LPCC

(701) 240-3200

Mental Health Counselor

**Call for an appointment*

Counseling/Therapy: (cont.)

Harmony Center

(701) 852-3263

Peer Support group to help focus on recovery

Heather Klippen, LICSW

(701) 839-3909

24 North Main Street Suite G
Therapy services

Dr. L Mark Bell

(701) 852-8798

601 18th Ave S.E.

Tammy Ness, LICSW

(701) 839-0151

24 North Main Street
Therapy services

Northland Health Center

(701) 852-4600

1600 2nd Ave S.W., Suite 19

Therapy, Medication, Sliding Fee Scale

Posphishil and Associates

(701) 858-0888

1425 21st Ave N.W., Suite C & Suite 2
Therapy

Serenity Health Solutions

(701) 838-7558

2010 4th Ave N.W., Ste. 106

Therapy, Medication, Family Therapy

Laura Siercks, LICSW

(701) 263-1298

1809 South Broadway, Suite Z
Therapy

Trinity Riverside Therapists

(701) 857-5998

1900 8th Ave S.E.

*Therapy, Psychological Evaluations,
Parenting Classes, Social Skills Groups*

Cheryl Vaudt, LICSW

(701) 858-1756

24 North Main Street Suite H.
Therapy (EMDR)

Village Family Service Center

(701) 852-3328

20 1st Street S.W., Suite 250

*In-home Family Therapy, Counseling,
Family Group Decision Making*

Food Pantries:

Community Action

(701) 839-7221

2020 8th Ave, Minot

Small emergency pantry.

Community Cupboard of Underwood

(701) 442-5001

208 Lincoln Avenue, Underwood, ND

Food distributions:

1st Thursday of the month:

4:00 – 6:00 PM

3rd Saturday of the month:

10:00 AM – 12:00 PM

Glenburn Food Pantry

(701) 263-5620

4th Thursday of the month:

4:00 – 5:00 PM

Great Plains Food Bank

(701) 390-2513, SNAP information: 1

(855) 405-0000

Kenmare Food Pantry

(701) 385-4528

49303 Highway 52 N. (West entrance of Creative Industries), Kenmare, ND

2nd Monday of the month:

11:00 AM – 2:00 PM

Lord's Pantry

(701) 448-2858

Trinity Lutheran in Turtle Lake

2 times a month

Max Food Pantry

(701) 240-5344

Max, ND

Monthly; contact Pastor Erin Gullickson

McLean Family Resource Center

(701) 460-6389

718 Main Ave., Washburn, ND

Call for an appointment

Week days between 10:00 AM – 3:00 PM;

available to McLean County residents;

photo ID required,

Minot Area Homeless Coalition

(701) 852-6300,

105 1st St S.E., Minot

Small emergency pantry

Our Lady of Grace

707 16th Ave S.W., Minot

Must register through Community Action

Open Monday, Tuesday, Thursday, Friday

from 1:00 – 4:00 PM, monthly stipend

Peace Lutheran Church Food Pantry

(701) 852-3880

521 Davis Street, Burlington, ND

1st Monday of the month from 7:00 – 8:00 PM

Salvation Army

(701) 838-8925

315 Western Ave, Minot

Must register, monthly stipend

Food Pantries: (cont.)

Share Exchange

(701) 448-2884

221 Main Street, Turtle Lake, ND

*2nd & 4th Thursdays of each month from 1:00
– 5:00 PM*

*Contact Karen Boyke for immediate
assistance.*

St. Vincent de Paul Society

(701) 833-1269

218 1st St S.E., Minot

Small emergency pantry

The Lord's Cupboard

1725 Burdick Expressway West, Minot

*Monday 10:00 – 1:00 PM, Wednesday 1:00
– 4:00 PM, Friday 2:00 – 5:00 PM Monthly
and weekly stipend. Must register for
monthly stipend only.*

Velva Food Pantry

(701) 500-9877

Oak Valley Lutheran Church,

400 North Main Street, Velva, ND

Last Tuesday of the month at 6:00 PM

Free Meals:

Lunches:

Sunday: 11:00 AM – 1:00 PM

7th Day Adventist Church

10 17th Ave S.W.

(701) 839-6478

Monday: 11:30 AM – 12:30 PM

Faith United Methodist Church

5900 Highway 83 N.

(701) 838-1540

Tuesday: 11:30 AM – 12:30 PM

Christ Lutheran Church

502 17th St N.W.

(701) 838-0746

Wednesday: 11:30 AM – 12:30 PM

Immanuel Baptist Church

1615 2nd St S.E.

(701) 839-3694

Free Meals:

Lunches: (cont.)

Thursday: 11:30 AM – 12:30 PM
All Saints Episcopal Church
301 S Main Street
(701) 839-1037

Friday: 11:30 AM – 12:30 PM
First Lutheran Church
120 5th Ave N.W.
(701) 852-4853

Breakfasts:

Saturday: 9:30 AM – 10:30 AM
Congregational United Church
430 N Broadway
(701) 839-1064

Evening Meals:

Wednesday: 5:30 PM – 6:30 PM
First Presbyterian Church
1003 3rd St N.E.
(701) 852-0315

Education:

Adult Learning Center
(701) 857-4488
1609 4th Ave N.W.
GED and English classes

Burdick Job Corps
(701) 857-9600
1500 University Ave W.

Community Options
(701) 852-0174 or (866) 349-8619
300 3rd Ave S.W.
*Helps low income and disabled individuals
find work. Many other vocational and
independent living services available too.*

Vocational Rehab
(701) 857-8500
1015 S Broadway Suite 18
*Assists with job re-training and
education.*

Employment Assistance:

Command Center Inc.
(701) 839-9675
1309 N Broadway
Provides day labor

Employment Assistance: (cont.)

Community Options

(701) 852-0174 or (866) 349-8619
300 3rd Ave S.W.

Elwood Staffing

(701) 839-1940
1115 16th St. S.W.

Job Service of North Dakota

(701) 857-7500
3416 N Broadway

UCP

(701) 838-0830
1408 20th Ave SE #1
Some skills required, sometimes will train

Housing:

Domestic Violence Crisis Center

(701) 852-2258
Crisis line – (701) 857-2500

Growing Together/New Hope

(701) 837-4989
515 19th Ave S.E.

Guest Lodge

(710) 509-3148

Independence Inc.

2000 Burdick Expressway E., Suite C
(701) 839-4724
Resource Center for Independent Living

Lutheran Social Services

Housing Division
(710) 715-6275

Men's Winter Refuge

(701) 822-2585
1112 43rd St. S.E.
Homeless Shelter for Men

Minot Homeless Coalition

(701) 852-6300, mahc@srt.com
105 1st St. S.E.

Minot Housing Authority

(701) 852-0485
108 Burdick Expressway

Rehab's Recovery House

(701) 839-0627
911 3rd St. N.E.

Sanctuary

(Sober Living for Women Only)
(701) 500-2216
P.O. Box 1944, Minot, ND 58702

St. Vincent de Paul

(701) 833-1269

YWCA

(701) 838-1812
205 3rd St S.E.
Women's Shelter

**Medication Assisted
Treatment Services:**

Community Medical Services

(701) 858-1801

300 30th Ave N.W.

*Suboxone and Methadone,
Counseling, Treatment Plan, Peer
Support*

Ideal Options

(877) 522-1275

3520 N Broadway

*Suboxone/Buprenorphine,
Vivitrol/Naltrexone, Acamprosate and
many other Medications, Counseling
and Behavioral Therapies*

Northland Health Center

(701) 852-4600

1600 2nd Ave S.W., Suite 19

Dental and Medical – sliding fee scale

Medical/Dental:

Dakota Hope Clinic

(701) 852-4673

*Education and Pregnancy Support,
Community Referrals*

First District Health Unit

(701) 852-1376

801 11th Ave SE

*Education, Children's Health and
Nutrition, Public Health Resources*

Minot Vet Center

(701) 852-0177

3300 South Broadway

Open Monday through Friday:

7:30 AM – 4:30 PM

1st Saturday of every month:

7:30 AM – 3:30 PM

ND Donated Dental Services

(888) 471-6334, (877) 449-4109

Must apply at www.dentallifeline.org

ND Vision

(701) 258-6766,

May provide eye exam and glasses.

*Must have lived in ND for at least 2
years and had no exam within 3 years;
someone in household must be
working.*

Northland Community Dental Office

(701) 838-3051

315 S Main Suite 314

Northland Health Center

(701) 852-4600

1600 2nd Ave S.W., Suite 19

Dental and Medical – sliding fee scale

Medical/Dental: (cont.)

Sanford Health Expansion Plan

Income-based insurance coverage for individuals 19-65.

Application can be found at:

www.nd.gov/dhs/eligibility/index.html

City Bus

(701) 857-4148

Central Cab Company

(701) 852-8000

Taxi 9000

(701) 852-9000

Naloxone Discounts:

CVS

(701) 852-4068

1520 20th Ave S.W.

A manufacturer's coupon for Narcan nasal spray will be applied for patients without insurance. It will reduce the cost to \$94.99

Evzio/Kaleo Cares

1-855-77-EVZIO (1-855-245-6510) –

Monday – Saturday:

7:00 AM – 7:00 PM CST

Eligible patients with no insurance and an annual household income below \$100,000 a year may get EVZIO at no cost through the kaléo Cares Patient Assistance Program

Transportation:

Souris Basin Transportation

(701) 852-8008

Veteran Services – Minot Area:

Ward County Veteran Service Officer

(701) 857-6492

235 3rd St SE Ste. 124

Assists Veterans and dependents with accessing benefits from the VA.

ND Military Outreach

(701) 340-2779

3420 2nd St. N.E.

Works with Veterans, Service Members, and Families to connect them to local, regional, and statewide resources and benefits.

Minot Vet Center

(701) 852-0177

1400 20th Ave S.W., Ste. 4

Provides counseling to Combat Veterans.

Veteran Services – Minot

Area: (cont.)

Community Action

Supportive Services for Veteran Families

(701) 839-7221

2020 8th Ave S.E.

Rental assistance for Homeless Veterans.

Job Service ND

Veterans, Employment Team

(701) 857-7523

3416 N Broadway

Assistance with job placements for Veterans.

VA Clinic

(701) 418-2600

1400 20th Ave S.W., Ste. 2

VA Clinic offers medical care to VA-enrolled Veterans.

HUD-VASH

(701) 306-0564

1400 20th Ave S.W., Ste. 2

Housing assistance for Homeless Veterans.

Veteran Services, Minot State University

(701) 858-4002

1500 University Ave W.

Assists Veterans with transition from military to education.

MAFB Airmen and Family

(701) 723-3950

291 Peacekeeper Place, MAFB

Offer many programs and resources to assist Active Duty Service members, families, and Veterans in need of support.

Family Assistance Center, for NDNG

(701) 471-3472

3420 2nd St N.E.

Referral, outreach, and support services for military members and their families.

Veteran's Services –

Statewide:

Fargo VA Health Care System

(701) 239-3700

Health care services for veterans in North Dakota, western Minnesota, and northeast South Dakota

Veteran's Services – **Statewide:**

ND Department of Veterans Affairs
(701) 239-7166

Assist veterans of North Dakota and their dependents in obtaining all benefits to which they are entitled.

Homeless Veterans Assistance
(877) 424-3838

Assistance for Homeless Veterans.

Military One Source
(701) 333-3812

Resources for Active Duty Service members and families.

Veterans Crisis Line
TEXT – 838255

1 (800) 273-8255, press 1
Crisis line for Veterans in need.

Military Service Center

(Bismarck): (701) 333-3072
(Fargo): (701) 451-6178

The Military Service Center offers diversified programs for Service Members, Veterans, and their families.

ND Military Outreach

Northern ND: (701) 340-2779

Southern ND: (701) 260-4730

Works with Veterans, Service Members and Families to connect them to local, regional, and statewide resources and benefits.

Veteran's Services – **Statewide:**

Services & Support for Veteran's & Families/Housing assistance for Veterans

Williston: (701) 572-8191

Dickinson: (701) 227-0131

Grand Forks: (701) 746-5431

Devils Lake: (701) 662-6500

Jamestown: (701) 252-1821

Bismarck: (701) 258-2240

Minot: (701) 839-7221

Veteran's Justice Outreach

(701) 239-3700

Assistance to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans.

Addiction Support Group

Meetings:

Sunday:

AA

- 2:00 PM, 700 16th Ave. S.W.
700 Group
- 7:00 PM, Cornerstone
Presbyterian Church,
1000 3rd St. N.E.
MINYPAA Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

Al-Anon/Alateen

- 6:30 PM, Zion Lutheran, 1800
Hiawatha St S.E.
Paths to Recovery AFG

NA

- 7:00 PM, Congressional United
Church, 430 N Broadway

Monday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 6:30 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

Al-Anon/Alateen

- 6:00 PM, Cornerstone
Presbyterian Church
1000 3rd St NE
Personal Freedom AFG
- 8:00 PM, Cornerstone
Presbyterian Church
1000 3rd St NE
Newcomer's Meeting

NA

- 8:00 PM, Trinity, St. Joseph's,
407 3rd St. S.E.
1st Floor Conference Room

Monday NA: (cont.)

- 7:00 PM, 101 16th Ave S.W.
(South Entrance),
(701) 720-5909,
Embrace ND
Support for all affected by
addiction – those seeking
recovery, in recovery, loved ones
of addicts, all are welcome.
Growing and healing together to
create a recovery community.
- 6:00 PM, 212 East Central
Avenue, (701) 852-3263
Minot Recovery Peer Support
Group – Harmony Center,

Tuesday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 6:30 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

Al-Anon Family Group

- 8:00 PM, 700 16th Ave. S.W.
700 Club

NA

- 8:00 PM, New Life Lutheran
Church, 710 46th Ave N.E.
- 2:00 PM, 212 East Central
Avenue, (701) 852-3263
Minot Recovery Peer Support
Group – Harmony Center

Wednesday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 6:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, Vincent United
Methodist Church, 1024 2nd St.
SE (enter South Door)
Satellite Group

Wednesday AA: (cont.)

- 7:00 PM , Northern Plains Hotel;
1515 22nd Ave SW, 3rd Floor
Conference Room
*Common Problem Common
Solution*

NA

- 7:00 PM, Salvation Army, 315
Western Ave, (701) 838-8925

Thursday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

NA

- 8:00 PM, Mt. Zion Lutheran
Church, 1800 Hiawatha St. SE.

Other

- 6:00 PM, 3740 Crossings St. SW,
Church of Jesus Christ of Latter
Day Saints
*For family members of persons in
recovery*
- 7:00 PM, 3740 Crossings St. SW,
Church of Jesus Christ of Latter
Day Saints
Call-in Number: (855) 537-4000
For persons in recovery

Friday:

AA

- 12:00 PM, 700 16th Ave. S.W.
700 Group
- 5:30 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group
- 8:00 PM, 700 16th Ave. S.W.
700 Group

NA

- 8:00 PM, New Life Lutheran Church, 710 46th Ave N.E.
- 7:00 PM, First Baptist Church, 200 3rd St. S.W.
Celebrate Recovery
Large group starts at 7:00 PM;
the first Friday of each month
there is a meal at 6:00 PM

Saturday:

AA

- 10:00 AM, 515 5th Ave N.W.
515 Group

Saturday AA: (cont.)

- 10:00 AM, 700 16th Ave. S.W.
700 Group
- 6:30 PM, 700 16th Ave. S.W.
700 Group
- 8:00 PM, 515 5th Ave N.W.
515 Group

Al-Anon

- 10:00 AM, Cornerstone Presbyterian Church, 1000 3rd St N.E.
Family Group

NA

- 8:00 PM, Our Redeemers Lutheran Church, 700 16th Ave S.E.

Every 3rd Saturday

Al-Anon/Alateen

- 11:15 AM, Cornerstone Presbyterian Church, 1000 3rd St N.E.
Steps, Traditions, Concepts

Disclaimer:

This booklet was created to be a resource guide for those seeking recovery, struggling with recovery, or seeking help for themselves or family members. We are not “endorsing” any particular treatment centers/therapist, these are simply resources that are available. Booklets will be updated quarterly. If you notice information that needs to be changed or added, please call (701) 720-5909.

**Information for this pamphlet has been gathered from similar forms
not specific to recovery.**